

Dear future me,

I hope that you're not putting too much pressure on yourself with where you are in life right now. I know we have dreams, but remember that life takes you down a route for a reason. You don't need others to be proud of you for you to be proud of yourself; I promise, if you are truly finding happiness and fulfillment day by day, then younger you could not be prouder.

On a similar note, please be kind to yourself and remember that you do not have to be in love to love yourself. You will always be enough, just as you are. I'm sure you look very different to me! Our body is ever changing, isn't it amazing? The legs that we use to swim in the sea, the arms we use to play tennis in the sunshine, the heart we keep strong so we can love those around us with all the strength we have. Remember to be grateful. You ~~have~~ are beautiful, regardless of how you look. Take pride in who you are; someone so kind is worthy of all the self-love in the world.

Keep enjoying yourself. Run when you're excited, dance down the street, shower your close ones in love and affection.

Appreciate the little things; passing <sup>interactions</sup> ~~conversations~~ and smirks throughout conversations. Please keep finding ways to fall in love with life.

Remember to be gentle. Remind yourself of the amount of universes there are.

At the end of the day, as long as you can smile and be sincere in saying that it is genuine, then you will live a good life. We all have ups and downs, but don't let the downs consume you.

Take up exciting opportunities and put yourself out there in the world. Make the most of this life, for it is short.

Make memories to tell your grandchildren.

Whether you are in law school, or working as a waitress, or both, I love you. So please, love yourself. Keep your smile shining as bright as the brightest star in the sky.

From 16 (nearly 17) year old you x